fastrack

SMARTWATCH

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- Quick Start Guide

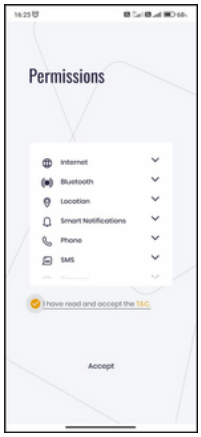
WHAT'S IN THE BOX

- Use the Search tab to look for '**Fastrack Reflex World**' App.
- Download the App and let it install.
- The '**Fastrack Reflex World**' App is compatible with Android 8.0 and above and iOS 12.1 and above.

APP INSTALLATION



Welcome screen



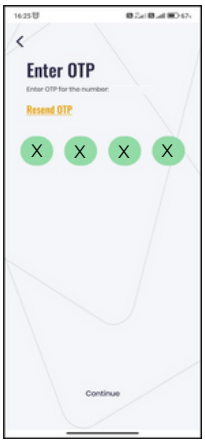
Accept Terms and Conditions



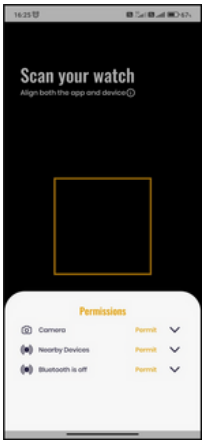
Disable Battery Optimization



Enter mobile number



Enter OTP and verify



Grant permission to camera, bluetooth and location services to pair your watch

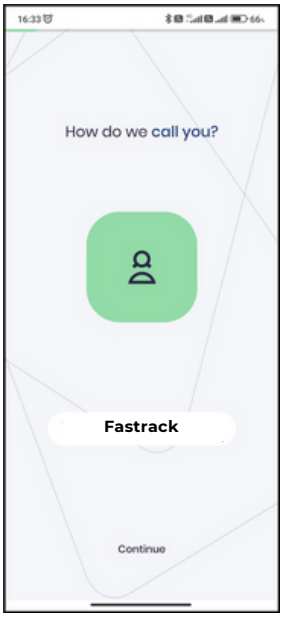


Scan the watch QR code or Search Manually and tap on your watch in the app. You have now successfully paired your watch.



New firmware update will be checked

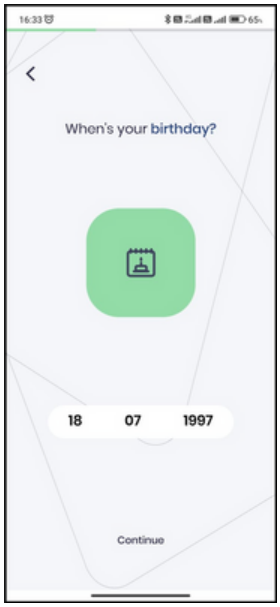
GETTING STARTED



Enter your name



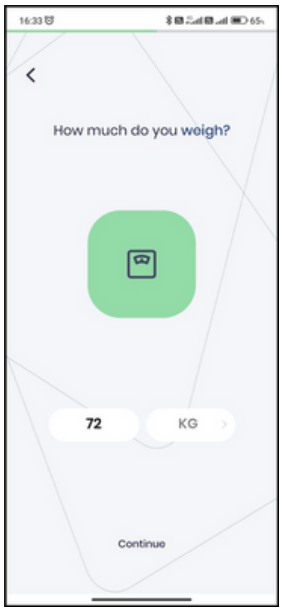
Select gender



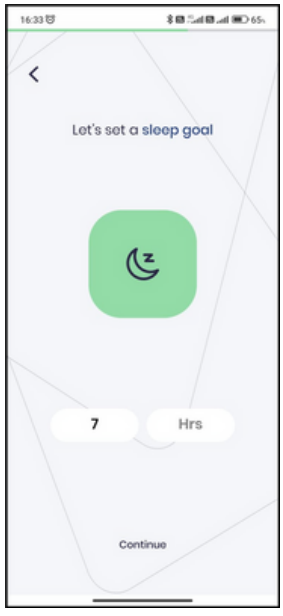
Add your birthday



Add your height

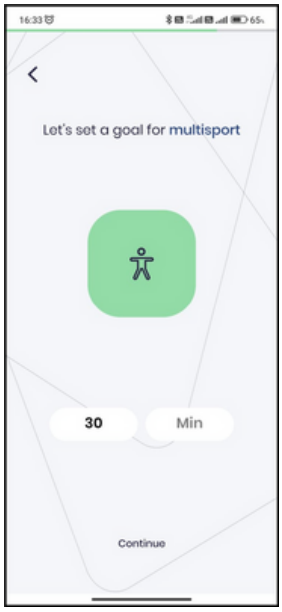


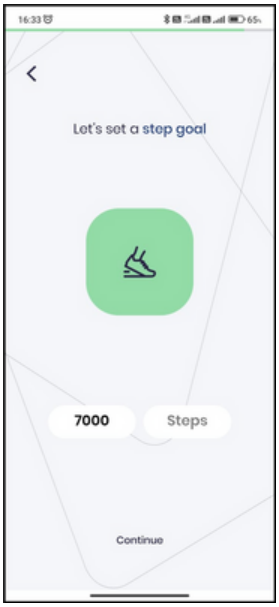
Add your weight



Add your sleep goal

GETTING STARTED

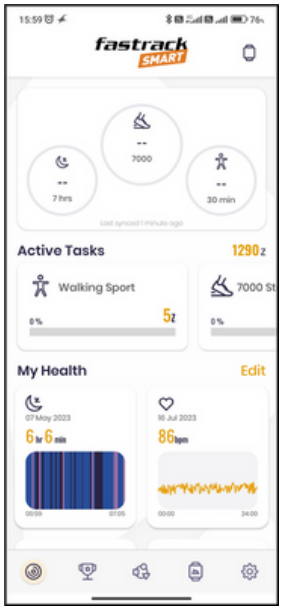




Add your multisport goal

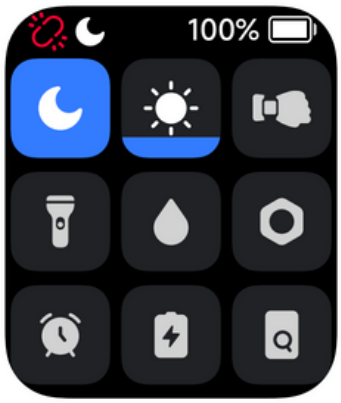
Add your step goal

Allow Google Fit (for Android Users) or Apple Health (for iOS Users) to collect data from the Fastrack Reflex World App



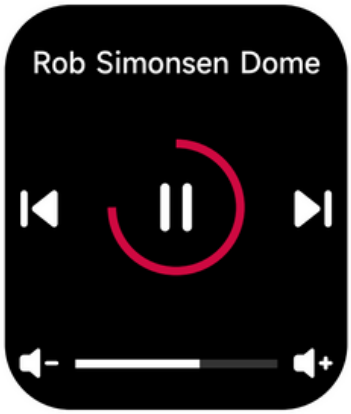
Accept permissions for Weather Display and Phone DND Exception for Find Phone feature. You are now ready to use your watch to the fullest

GETTING STARTED



Quick Settings

Swipe Down



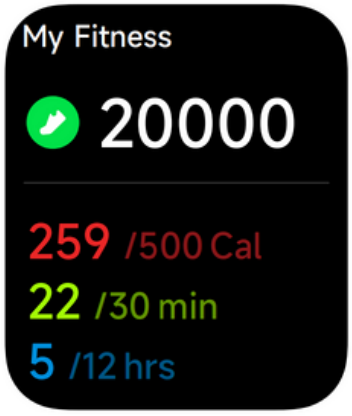
Shortcuts

Swipe left to right



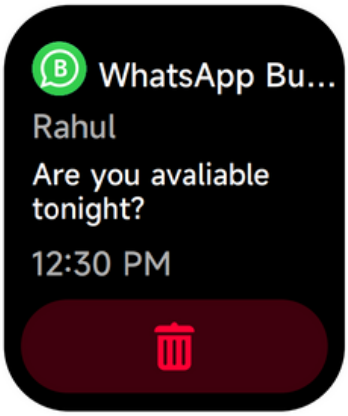
Home Screen

Swipe right to left



Shortcuts

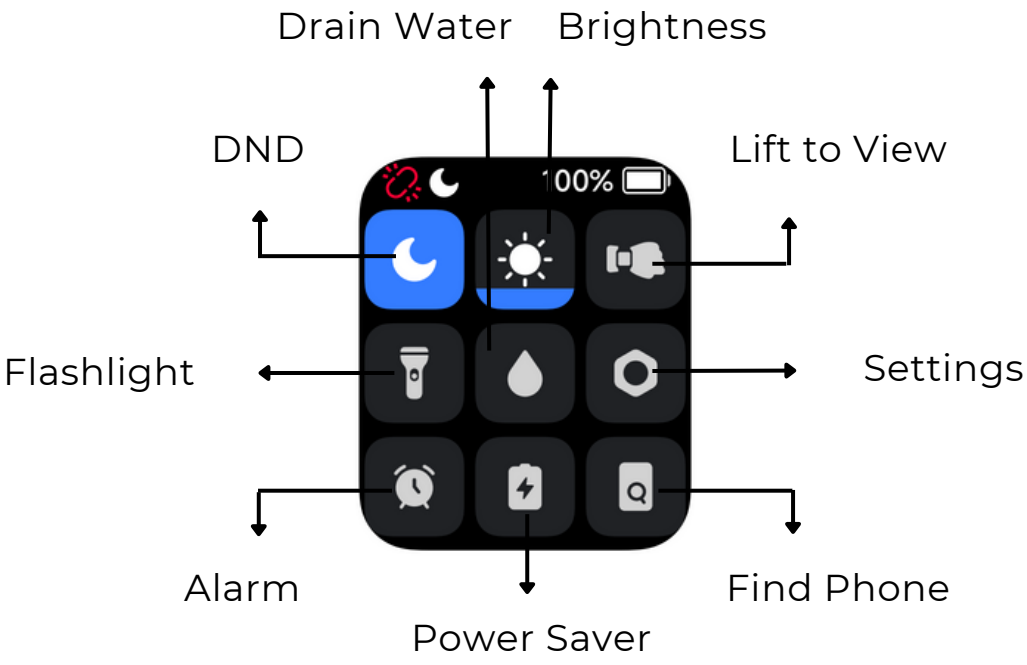
Swipe Up



Notifications

HOME SCREEN NAVIGATION

QUICK SETTINGS



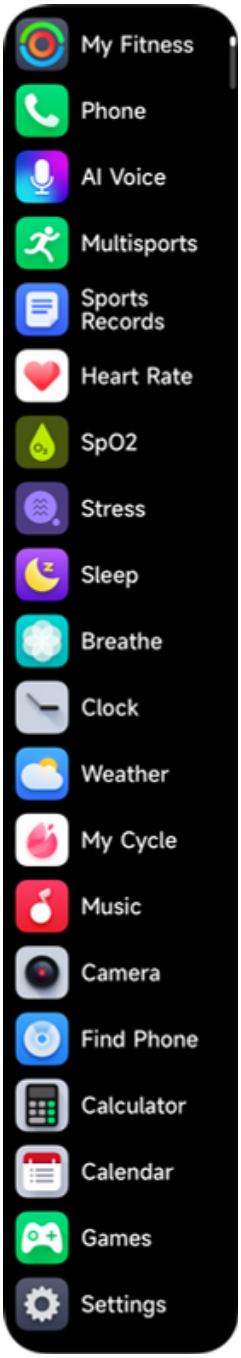
Swipe Down



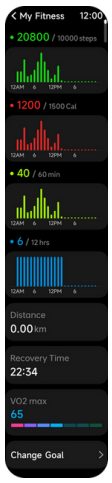
HOME SCREEN NAVIGATION

MAIN MENU

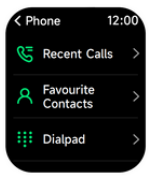
Press the watch side button to open the main menu. You can now navigate to use all features on your watch.



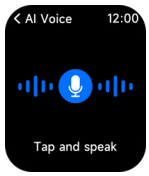
My Fitness



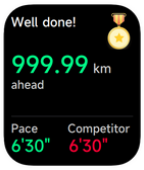
Phone



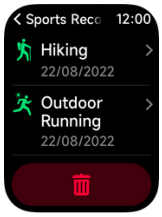
AI Voice



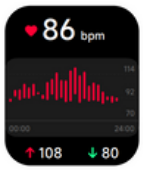
Multisports



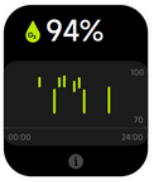
Sports Records



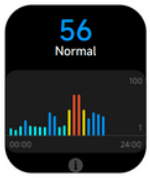
Heart Rate



SpO2



Stress



Sleep



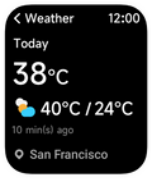
Breathe



Clock



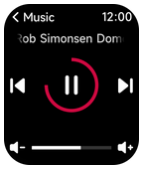
Weather



My Cycle



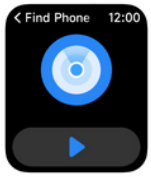
Music



Camera



Find Phone



Calculator



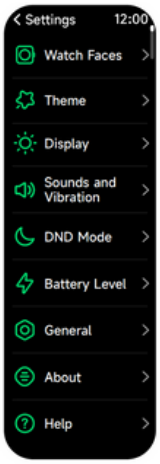
Calendar



Games

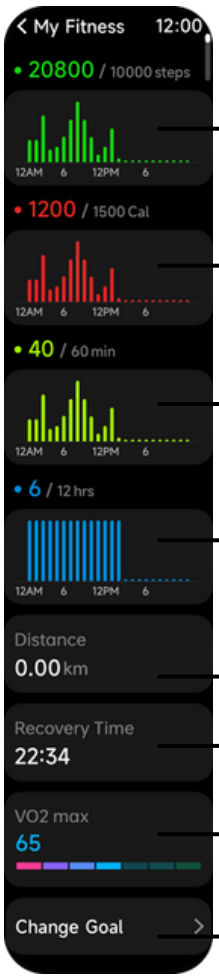


Settings



MY FITNESS

My fitness menu shows you your steps calories burnt, duration, distance covered, etc.



Steps taken

Calories burnt

Exercise time

Active Time

Distance covered

Recovery Time

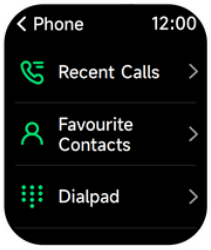
VO2 Max

Change Goal

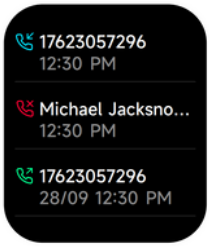


BT CALLING

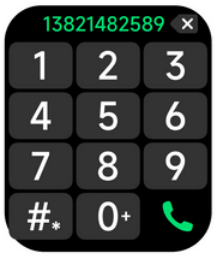
You can initiate and receive calls with your watch. You can view your Favourite Contacts, Mute Call, Adjust Volume, Reject Call, and much more.



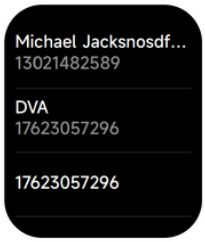
Select the 'Phone' option in Main menu to navigate to the 'Phone' menu.



Recent Calls



Dial Pad



Favourite Contacts



Adjust Volume



Mute Call

Speak through Watch



Tap on the middle icon to open keypad.

End Call

FAVOURITE CONTACTS

1 On the Fastrack Smart World App, go to Settings, tap on My Watch, select Favourite Contacts

2 Select the contacts you want to set as favourites.



3 You can select up to 10 contacts to add to favourites

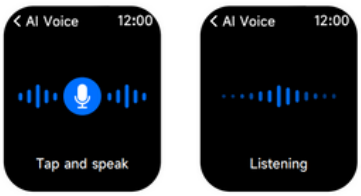
4 Swipe Right to Left from this icon to remove any contact. You can replace any contact anytime through the same process. Reorder your contacts as you wish to see them in your watch by long pressing a contact and rearranging the order.

5 Tap on Save and your Favourite Contacts would be synced with your Fastrack Smartwatch.

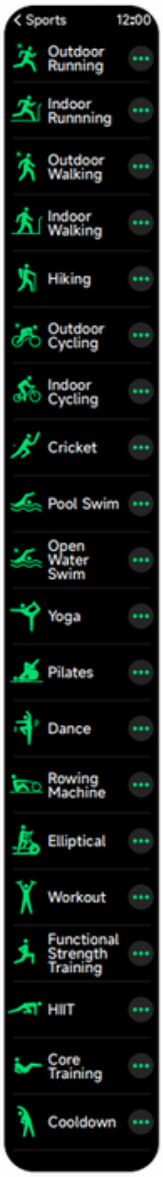
6 You can now access your Call logs and Favourite Contacts and make a call from your Smartwatch.

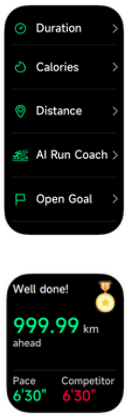
AI VOICE

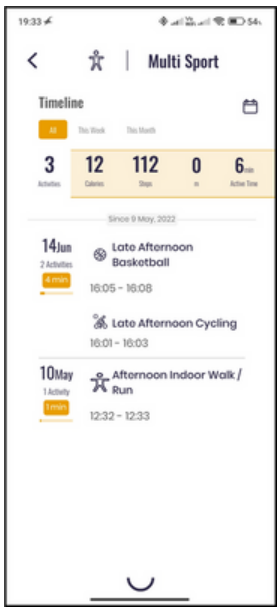
This smartwatch comes with a Voice Assistant feature as well. Tap on the watch screen and ask your question, the response would be displayed on your phone.



MULTISPORTS





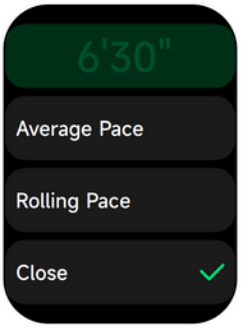


There are 100+ Multisports in this watch which gives you detailed insights about duration, calories burnt, distance and goal achieved of all the sports. You can also set goals before starting your exercise, based on the type of the sport you choose.

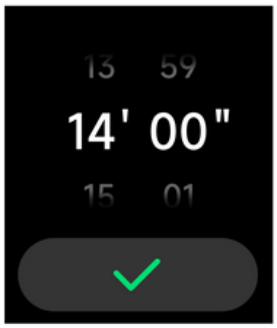
The watch has Auto Multisport Recognition and can automatically identify Walking and Running.
You can also use the watch's AI Coach for your outdoor running exercise.

MULTISPORTS

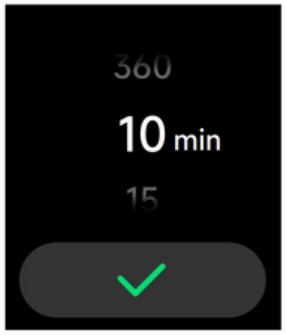
To track accurate data, this smartwatch collects some information which can help it to do so. For Example: For Outdoor Run, before starting your sport, setup some goals for yourself. Select " Smart Competitor" for your sport and set your goals.



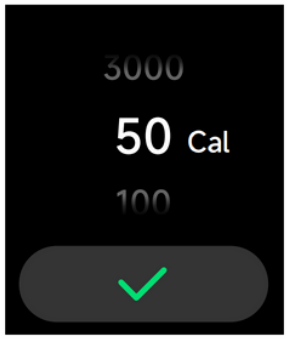
You have the option to set customized pace, your average running pace up till now or your rolling pace for the last 1 km you ran.



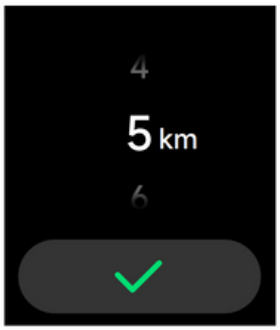
You can set customized running pace for yourself.



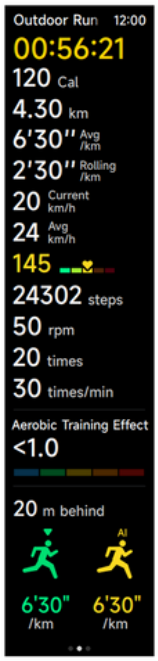
You also have the option for selecting the duration for your sport.



Set your calorie goal for your sport.

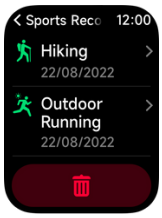


You can also set the distance you want to run.



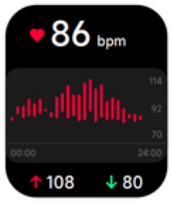
You can track duration, calories burnt, distance covered, Avg/km, Rolling/km, Current km/h, Avg km/h, your heart rate, steps, rpm, times, times/min, aerobic training effect and smart competitor of the current active sport.

SPORTS RECORDS



All the sports that you have recently used will be recorded and saved in Sports Records. You can even delete one record or all the records as per your choice.

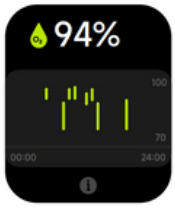
HEART RATE





From the Main Menu, tap on 'Heart Rate' to access and measure your heart rate. This feature also displays detailed data like heart rate trends throughout the day. You can also view your Heart Rate trends right on your app.

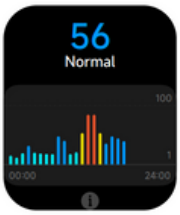
SPO2

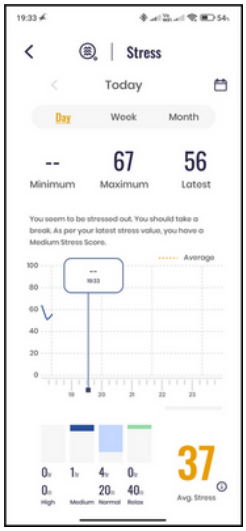




Tap on SpO2 from the Main Menu to check your oxygen saturation level. You can view your readings taken in the last 24 hours right on your watch. View your all time SpO2 trend on your app.

STRESS





The watch comes with a "Stress" feature to measure and track your stress levels. You can view your 24 hour stress levels on your watch. Stress monitoring has been added on your watch so you know when to relax and keep your stress levels in check.
View your detailed stress level trend on your app.

SLEEP





Your watch has Sleep monitoring for you to track your sleep. You are shown multiple parameters about your sleep right on your watch.
You can also view detailed sleep trends and sleep score on your app.

BREATHE

Tap on "Breathe", relax and focus on your breathing.



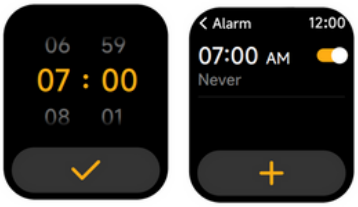


CLOCK

You get alarm, stopwatch and timer directly on your watch.

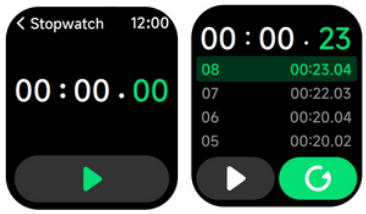


ALARM



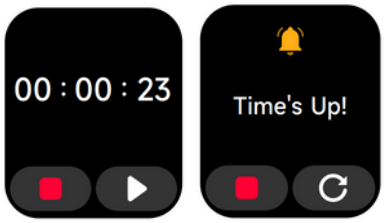
Set up alarms on your watch. Alarms set by you in the watch can be viewed and turned on/off from the watch by the toggle button against the alarm.

STOPWATCH



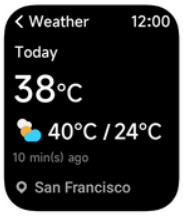
Tap on stopwatch to start the timer. You can tap on the pin button for lap. You can pause, end and reset the stopwatch with few single taps.

TIMER



Set timer for any of your work right from your watch, just set the time and get going.

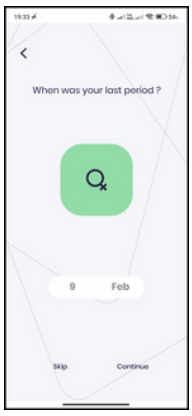
WEATHER



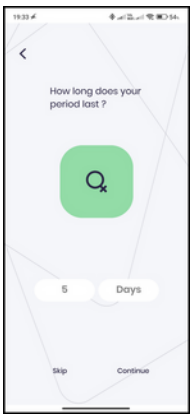
Tap on "Weather" in the main menu to check the current weather conditions. Scroll to view the weather for the upcoming days.

WOMEN HEALTH

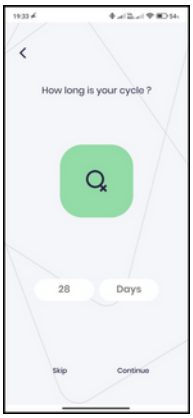
On the Fastrack Reflex World App, register as a "female" while creating a profile. Go to "My Cycle" from the Health Suite and enter the following details accurately for detailed results and alerts.



Enter your last period date



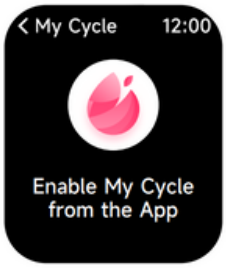
Enter the duration of your period



Mention your period cycle



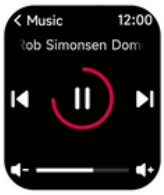
Get detailed results on the Titan Smart World App

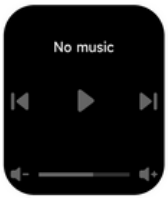


Navigate to "My Cycle" from the watch main menu and you would be able to view your cycle detail

MUSIC

Have full control over your music right on your watch. Play/ Pause, or go to Next/ Previous song with just simple taps. You can even adjust volume, no need to find your phone!





CAMERA

You can also click photographs from your in-app camera right from your watch. Just tap on the camera icon on your watch and your captured memory will be save in your phone's gallery.



FIND PHONE

Press the dial button to enter the Main Menu and navigate to "Find Phone" option. Tap and your phone will start ringing. Tap on the Notification from the app on your phone to stop the ringing.



CALCULATOR

Get a calculator directly on your wrist for quick calculations!



CALENDAR

The watch has an inbuilt calendar to help you quickly go through weeks and months.



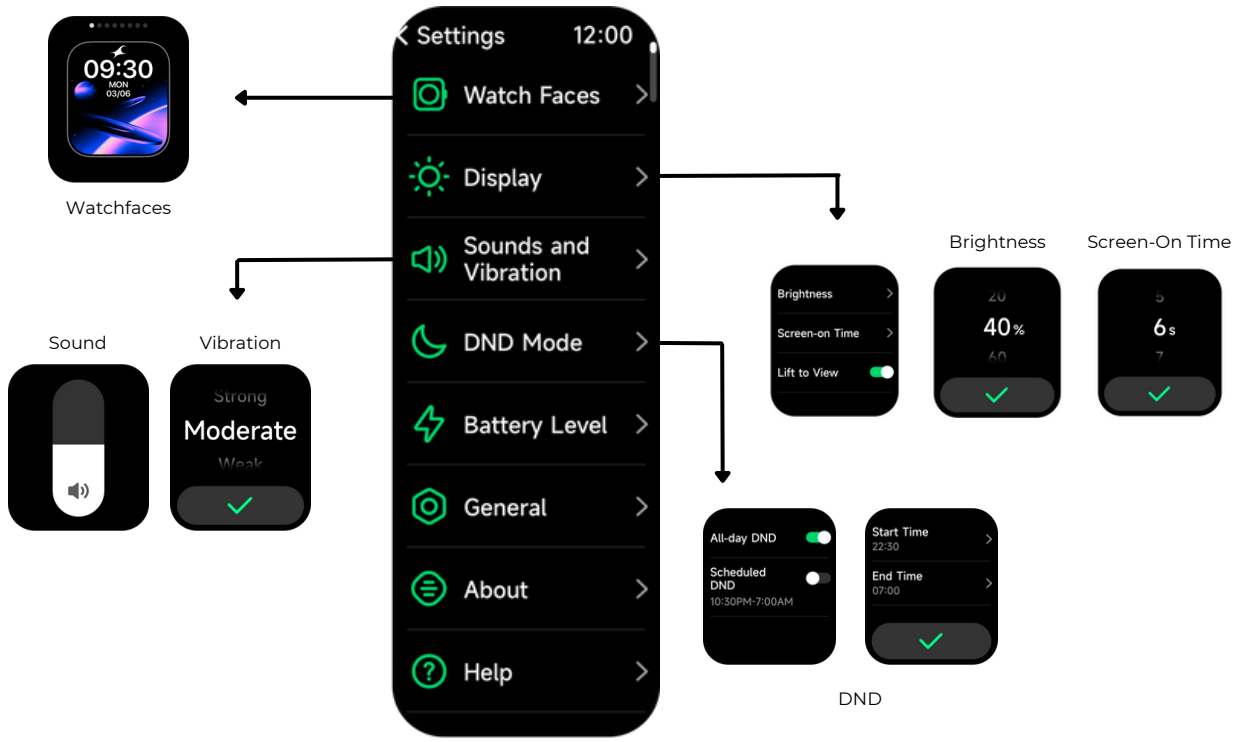
GAMES

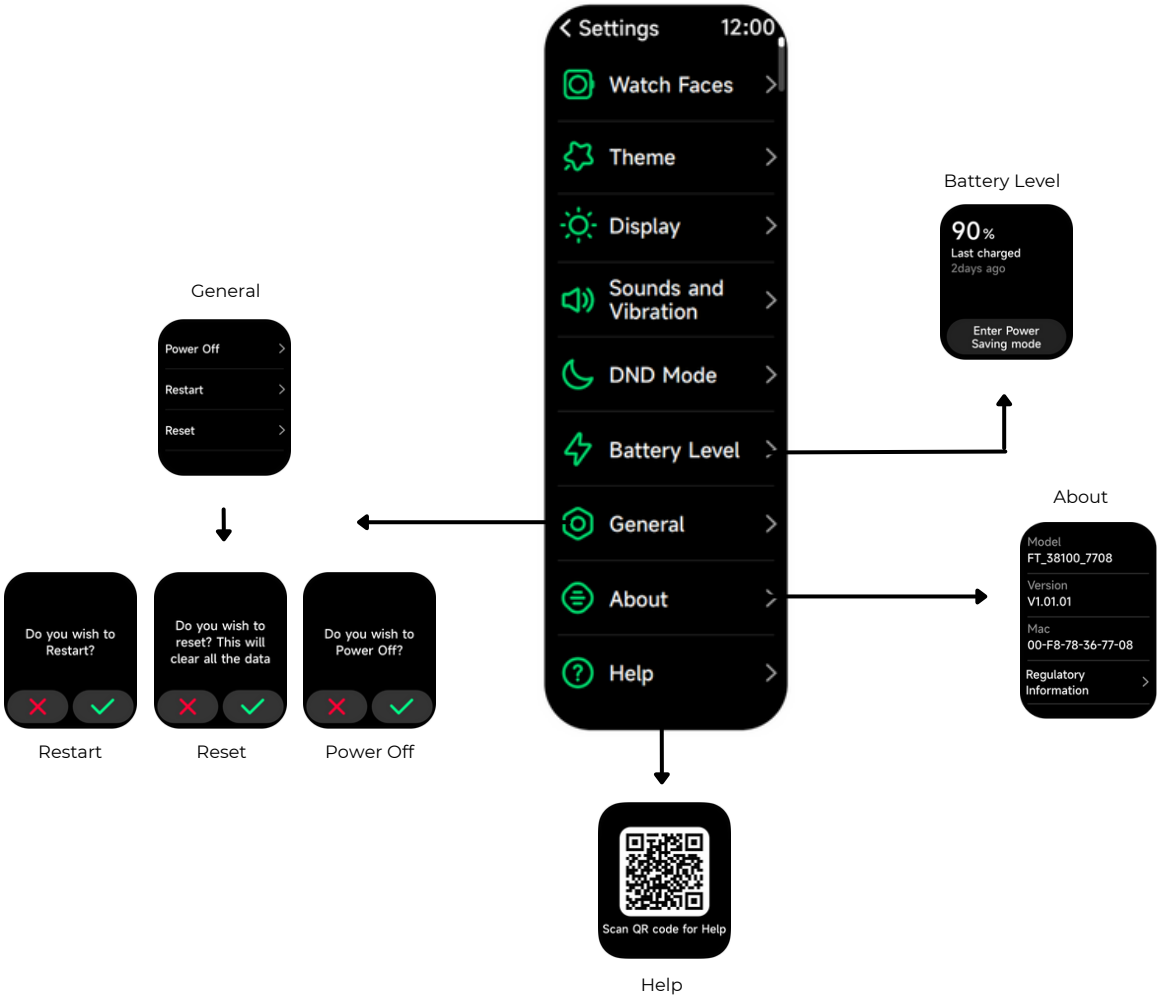
You can now play games on your watch. Just scroll down in menu and tap on "Games". Choose from games available and enjoy.





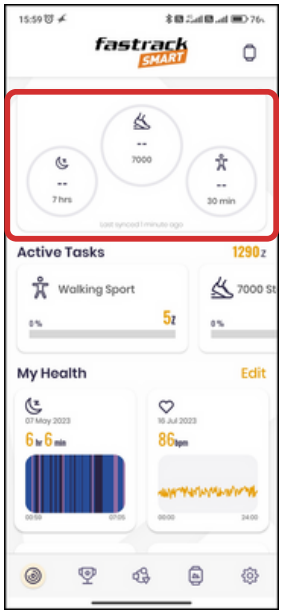
SETTINGS


09:30
MON
03/06
Watchfaces
Settings 12:00
Watch Faces
Display
Sounds and Vibration
DND Mode
Battery Level
General
About
Help
Brightness
Screen-On Time
Brightness
Screen-on Time
Lift to View
40%
6s
Sound
Vibration
Strong
Moderate
Weak
All-day DND
Scheduled DND
10:30PM-7:00AM
Start Time
22:30
End Time
07:00
DND

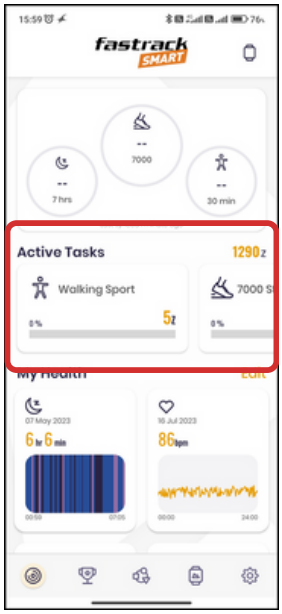

Settings 12:00
Watch Faces
Theme
Display
Sounds and Vibration
DND Mode
Battery Level
General
About
Help
Battery Level
90%
Last charged
2days ago
Enter Power Saving mode
General
Power Off
Restart
Reset
Do you wish to Restart?
Do you wish to reset? This will clear all the data
Do you wish to Power Off?
Restart
Reset
Power Off
About
Model
FT_38100_7708
Version
V1.01.01
Mac
00-F8-78-36-77-08
Regulatory Information
Scan QR code for Help
Help

APP FUNCTIONS

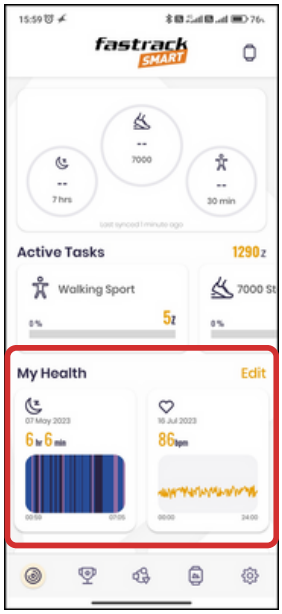
Dashboard



App's dashboard displays your current day's record of sleep, steps and multisports.

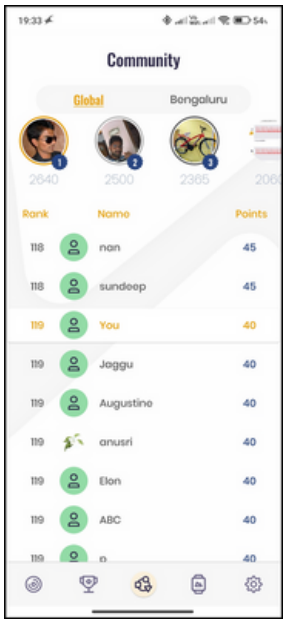


View your active tasks on your app.

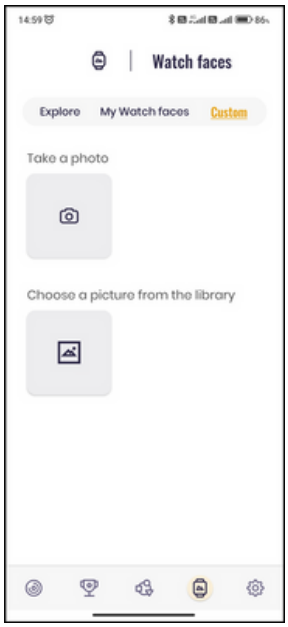


Check your health summary such as sleep and heart rate, etc. from your Home Dashboard.

Community & Watchfaces



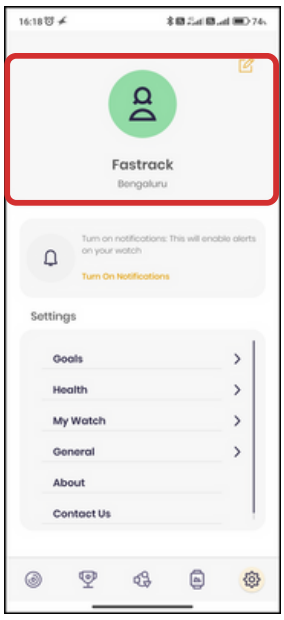
You can check your friends' rank and points earned through the watch. Compete and track your points and rank to keep up with them!

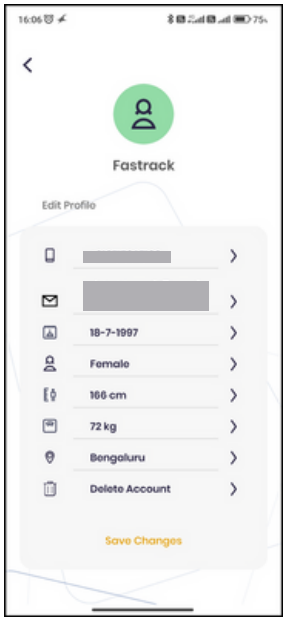


You can explore new watchfaces, check your in-use/downloaded watch faces and you can create custom watchfaces by taking a photo or uploading image from your gallery.

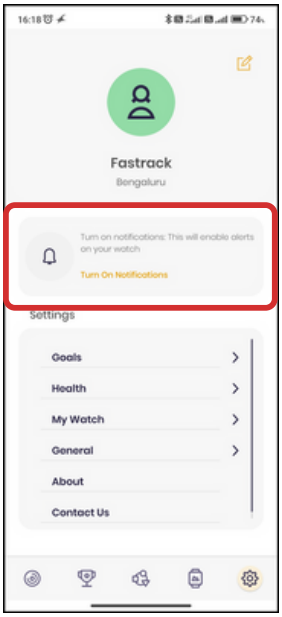
APP FUNCTIONS

Settings

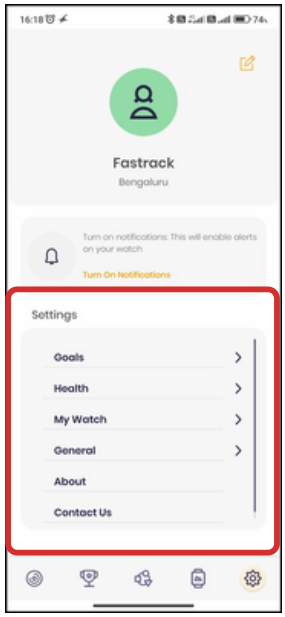




You can see your Name first in your settings. You can view and edit your profile details such as Name, Mobile Number, Email, Birthdate, Gender, Height, Weight, Location and also Delete your account if required from here.

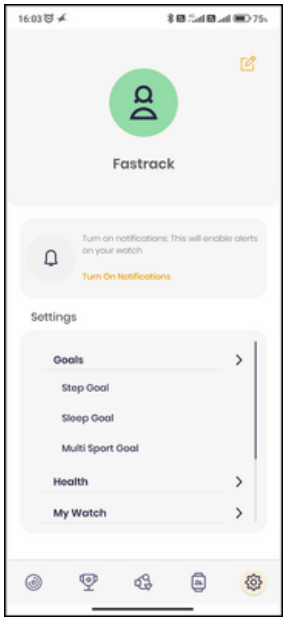


You can choose to turn on/off notifications on your watch. Click on "Turn On Notifications" and allow the app for Notification access from your phone settings. You can now enable/ disable Notifications for individual apps.



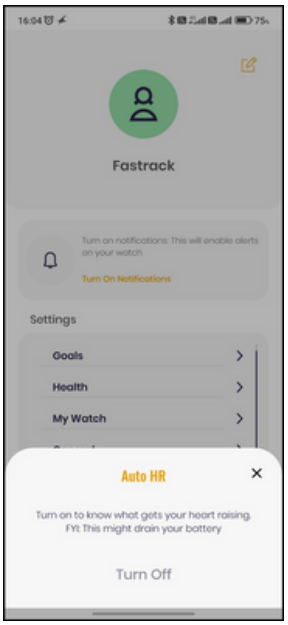
You can check/ change the settings on Goals, Health, My Watch, General, About section and Contact Us.

Settings - Goals

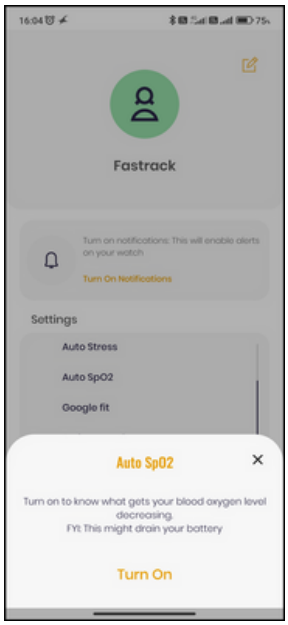


You can change step, sleep and multisport goal from this settings just as you added the goals while onboarding.

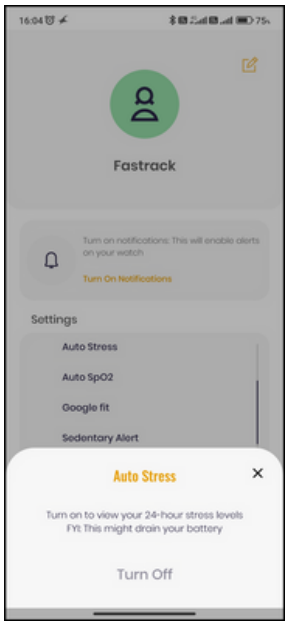
Settings - Health



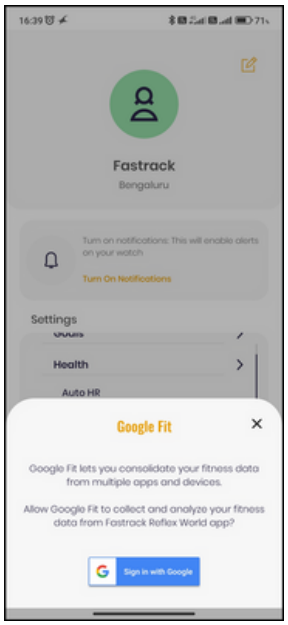
Turn On/Off Auto HR



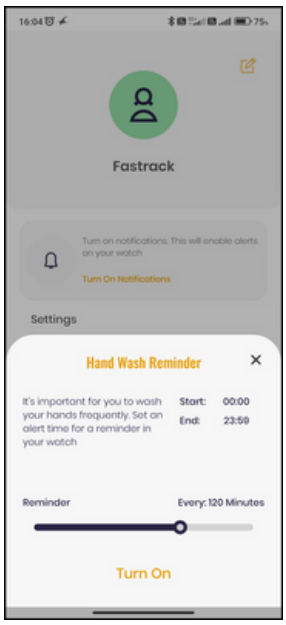
Turn On/Off Auto Sp02



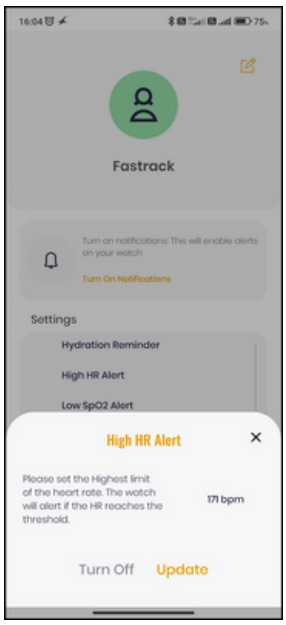
Turn On/Off Auto Stress



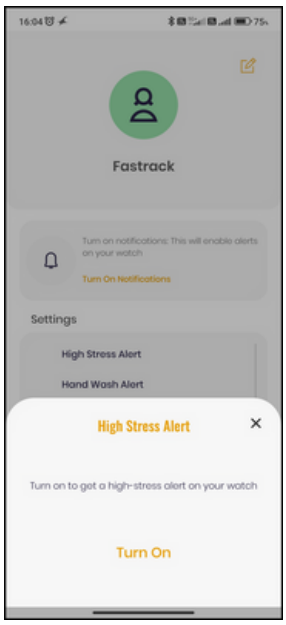
Sign In with Google Fit to collect fitness data



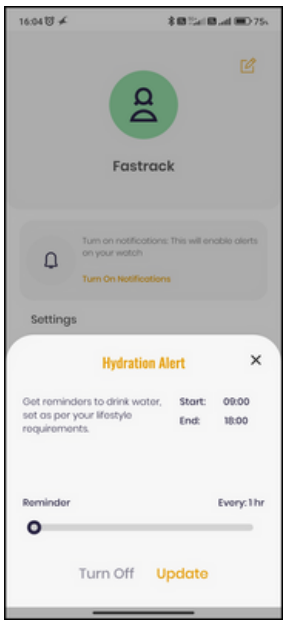
Turn On/Off Hand Wash Reminder



Set High HR Alert

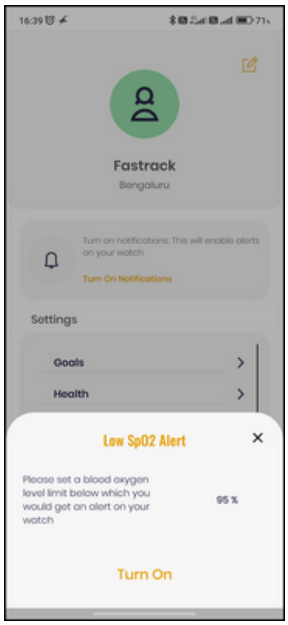


Set High Stress Alert

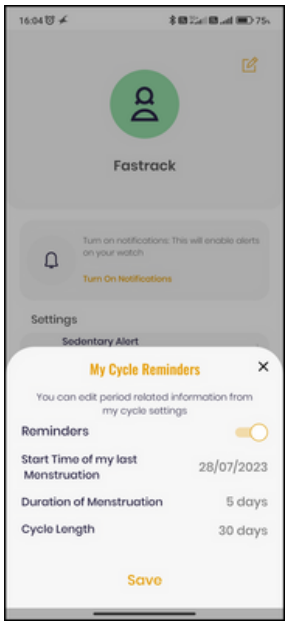


Set Hydration Alert

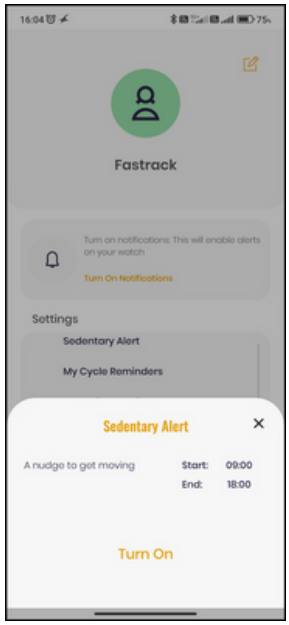
Settings - Health



Turn On/Off Low Sp02 Alert

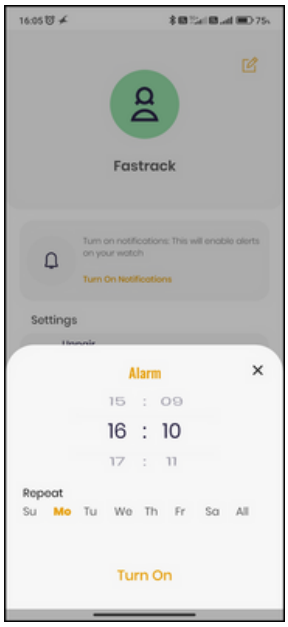


Turn on My Cycle Reminders

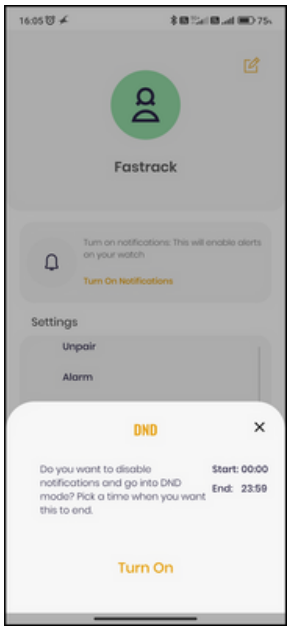


Set Sedentary Alert

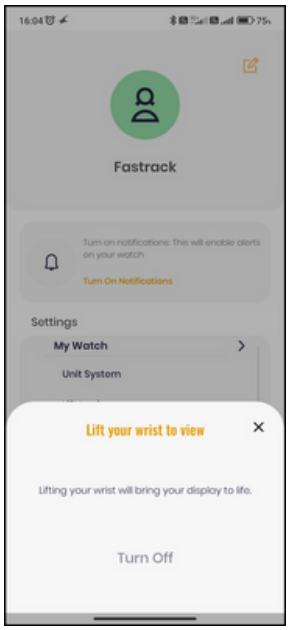
Settings - My Watch



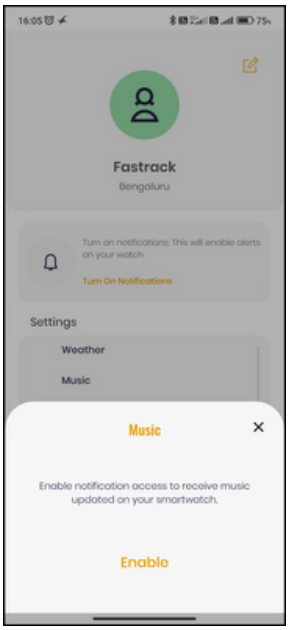
Set Alarms on your watch



Set DND Mode on your watch

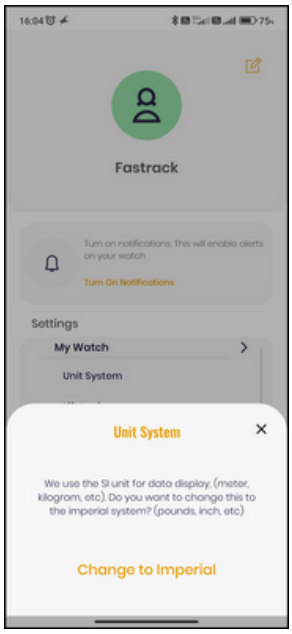


Turn On/Off Lift to View for your watch

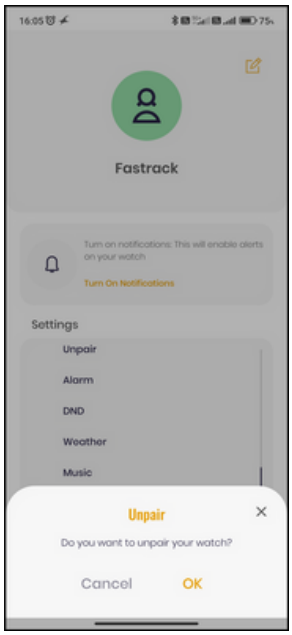


Enable Music Notifications on your watch

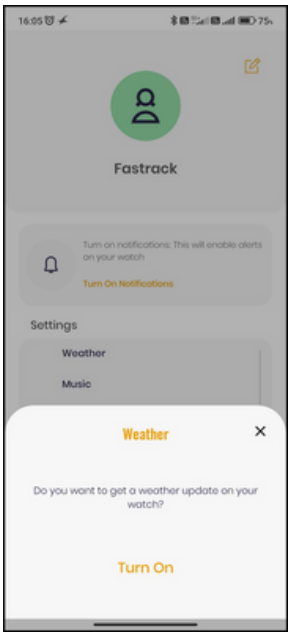
APP FUNCTIONS



Set Unit System



You can Pair/Unpair your watch from here

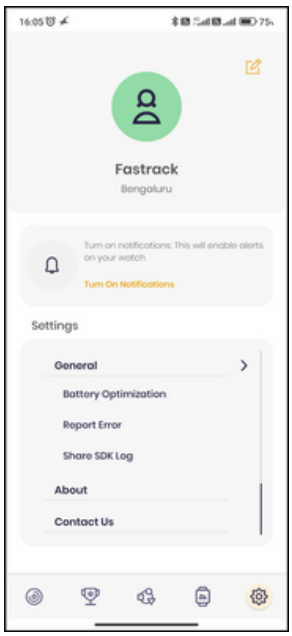


Turn On/Off Weather Displays on your watch



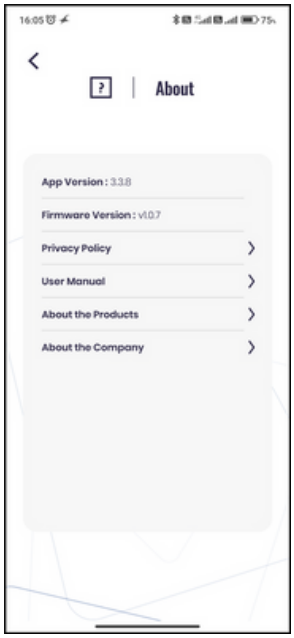
Update Watch

Settings - General



You can disable the Battery Optimization for Reflex World app & help run the app in the background. Some features might not work properly if enabled. Use the "Report Error" session to report any issues or error faced.

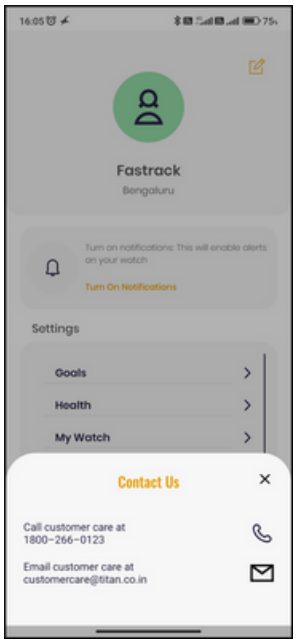
Settings - About



You can check your app version, firmware version, privacy policy, user manual to check all the processes, about other products from the website and about the company from the website.

APP FUNCTIONS

Settings - Contact Us



You can contact us at 1800-266-0123 or email at customercare@titan.co.in

DEVICE SPECIFICATIONS

Model No.	38100
Weight of the watch (Including Strap)	40 gm
Display Type	TFT-LCD Display
Screen Resolution (pixels)	240*286
Dimensions for the Case (Watch Head)	45.22 x 37.22 x 11.34 mm
Case Material	Polycarbonate
Band/Strap Material	Silicone
Mode of Operation	Push Button
Accelerometer	3 axis
Battery Capacity	300 mAh
Battery life	Up to 7 days
Battery Life with Heavy Usage	Up to 3-4 days

DEVICE SPECIFICATIONS

Compatibility (Android / iOS)	Android 8.0 & above, iOS 12.1 & above
Bluetooth Version	Version 5.3
Water Resistance	IP68

FAQ'S

Hardware Related FAQ’s

1. I am unable to switch on the smartwatch. What should I do?
A: Scenario 1: If the smartwatch is just out of the box, then you need to charge it until 100% charge is achieved.
Scenario 2: If you have switched off the watch from the settings option then you can long press on the button on the side of the watch to turn on the watch, provided the watch has enough charge.
Scenario 3: The watch charging cable might have an issue because of which it’s not charging the watch. Hence, you may need to change your charger.
After trying the above scenarios, if the issue persists, please reach out to 18002660123 or send a mail to customercare@titan.co.in.

2. I have misplaced my charging cable. Where can I get that?
A: You need to visit the nearest service center and purchase it from there. This will be based on the availability of the charger/cable at that service center.

3. Do I get an additional strap with the watch?
A: No, you don't get an additional strap with the watch.

4. How long should I charge the watch to be 100%?
A: Watch gets fully charged in about 2.5 hours.

5. What is the specification required for smartphones to connect with Smartwatch?
A: Android 8.0+ and IOS 12.1+

6. Are the charger and strap covered under warranty?
A: No, the charger and strap are not covered under warranty.

FAQ'S

Application Related FAQ's

1. Which application should I download to connect my watch to the smartphone?
A: The application that needs to be downloaded is "Fastrack Reflex World". It is available both on Google Play Store & App Store.

2. How do I pair my Smartwatch?
A: You can easily pair your Smartwatch by following the below process -
Download the Fastrack Reflex World app from Google Playstore/ Apple Appstore.
User Registration:
Select the checkbox to accept the terms and conditions and enter your mobile number. On the next screen, enter the OTP received to complete the registration.
Permissions & Access:
Provide necessary permissions to enable various features available on your Smartwatch.
Pairing:
The next step is to pair the watch with the phone through the Fastrack Reflex World app.
To do this,
Tap on "Permit" to allow the app to access your phone Camera, Location and Bluetooth.
You can now pair your Smartwatch through 2 methods.
Scan the QR code shown on the watch.
Once the QR code is scanned, accept the pairing request on the watch screen and the pairing would be successful.
You can also click "Search Manually". Tap on "Permit" to allow the app to turn on Location. Your Smartwatch would be detected. Click on "Continue".
Accept the pairing request on the watch screen and the pairing would be successful.
The next step is to create a user profile in the application. Enter the details like Name, Gender, Birthday, Height, Weight, Sleep Goal, Multisport Goal, and Steps Goal
The application will be ready for you to use and you will be able to experience the new journey in the Fastrack Reflex World.

FAQ'S

3. How do I connect the BT Calling feature on my watch?
A: Once you pair your watch with the Fastrack Reflex World application, you get a pop-up during onboarding to connect your BT Calling. Accept the request and your BT Calling is paired.

4. Can I save my Favourite Contacts within the watch?
A: Yes, with the new Smartwatch, you can save your favourite contacts within the watch and make calls directly through the watch without the hassle of swiping through the phone.
Go to Settings in the Fastrack Reflex World App and navigate to Favourite Contacts under My Watch. You can view your phone contacts and select the contacts you wish to save as favourite contacts in the watch and save your selection. You can remove any contact by swiping from right to left against a contact. You can now add another contact through the same process. Rearrange your contacts as you wish to see them in your watch by long pressing a contact and rearranging the order. Tap on “Save” after you have made your selections. You can save up to 10 contacts.
This would sync your watch with the contacts you have selected. To view your contacts in the watch, go to Home Screen > Main Menu > BT Calling Screen and click on Contacts.

5. How do I access the Main Menu on my watch?
Press the dial button to access the Main Menu where you can find all the features of your watch.

6. How to use AI Voice in Smartwatch?
A: In the watch, navigate to Voice Assistant Screen from the Main Menu, Tap on the icon on the watch screen. This activates Google Assistant for Android users and Siri for iOS users. Now you can ask anything like “What’s the temperature at my location” or “Where is the nearest restaurant” from the watch itself. The results will be displayed on your phone.

7. What can I see in My Fitness in my watch?
A: You can view your daily step activity, your calories, active time, sleep time, distance covered and much more.

FAQ'S

8. How many sports are there in my watch and how do I use AI Coach on my watch?

A: Your Fastrack smartwatch has 100+ sports. You can access all the sports in your Fastrack Reflex World app. Go to App Settings>My Watch>Edit Sports. You can add/ remove any sport from your app and sync it to your watch.

Each sport is designed in its own special way to provide you a personalized goal to get better at your sport. Tap on the icon against any sport and set your goals before starting your sport.

You can set AI Coach for your Outdoor Running. Set a personalized pace for yourself, average pace which is the average pace of your activity until then, or rolling pace which is the pace of your last 1 km. After starting your activity, you will be able to see your pace against the pace you had set for yourself which helps you perform better each time.

You can also view your sports records of your recent performed sports on your watch.

9. Can I view my Heart Rate while performing a Multisport?

A: You are able to see a range of health metrics while performing a Multisport as per the activity. Once you start your sport, you would be able to see your Heart Rate, Calories burnt, and other health metrics related to the sport.

10. Every time I do a Multisport activity, after completion I see the watch saying “Workout was too short”. Why so?

A: A Multisport activity should be done for more than 2 minutes for the watch to capture data. Each Multisport activity has a different threshold duration, after which only the activity is recorded.

11. What Health features does Smartwatch have?

A: Your watch provides you all-round Health tracking with its advanced Stress monitoring, 24x7 Heart Rate monitor, SpO2 monitor, Sleep with REM and Women’s Health.

FAQ'S

12. How can I check Heart Rate on my watch?
A: Navigate to the main menu and select Heart Rate. The watch will start recording the reading automatically. You can view the heart rate measurements for the entire day in the watch itself with a trend graph. To view the detailed trend through out the day, turn on Auto HR from the App Settings under the Health section.

13. How can I check SpO2 in my watch?
A: Navigate to the Main menu and select SpO2. The watch will start recording the reading automatically. Stay still while the watch is recording a measurement. Turn on Auto SpO2 from the App Settings under the Health section to view your readings for the entire day.

14. How do I use Stress Monitor?
A: You can turn on automatic stress monitoring from the app Settings. You would be able to see all-day's measurements in your app once you sync it. Your watch would take a reading every 10 minutes.
Take your manual Stress readings from the watch by navigating to Main Menu>Stress.

15. What all sleep metrics I can view in my watch?
A: You can view the Sleep Start and Woke up Time, you can also view your categorization of Deep Sleep, Light Sleep, Awake time and REM Sleep. You can view detailed trends in your Fastrack Reflex World app.

16. How to activate the Women's Health Tracker?
A: The Women's Health Tracker would be available only for female users. So make sure while onboarding in the Fastrack Reflex World app, you register as female gender.
In the registration process, you will need to enter your details like the period start date, cycle duration, period length. Your dashboard will be ready now. You can now add symptoms you may face during your period to keep track of your health.

FAQ'S

17. How do I add an Alarm in the watch?
A: Navigate to Clock > Alarm. Click on the + icon and select the time at which you want to set the alarm. Select the day on which you want to receive the alarm and select the tick mark in the bottom of the screen. The alarm is set and shown in the alarm list. You can also navigate to alarms screen from the Quick Settings of the watch. You can also add an alarm from your App Settings too.

18. Will I be able to check weather updates for other cities?
A: The watch will be able to show the weather updates of your current city only. Your current city will get detected based on the phone's actual location. You can view 7 days of weather by scrolling in the "Weather" screen on the watch.

19. How do I control music from my watch?
A: You can control your phone music right from your watch like going to the next/ previous song, play/ pause and even control volume.

20. How do I use camera control and where is the image saved in the phone?
A: Click on the Camera feature in the Main Menu. You will receive a notification on your phone. Click on the notification to open your In-App camera on your phone. Click on the camera icon on the watch to capture the image. A count down timer from 3 to 1 shows on the watch and the image is captured in the mobile. The image will be saved in the phone's gallery in a separate folder by the name of "Titan".

21. What features I can access in the Quick Settings of the watch?
A: Swipe down from the Home Screen. Here you have the option to control DND mode, Brightness, Lift To View, Flashlight, Drain Water, access Settings, set Alarm, Power Saving Mode and access Find Phone feature.

22. Can I control the Screen-On Time of my watch?
A: You can control the screen-on time of your watch from the Watch Settings>Display.

FAQ'S

23. Can I turn on Lift to View from my watch itself?
A: It is advised to keep Lift To View off to conserve your watch battery. However, you can turn on Lift To View from the Watch Settings>Display. You can also control Lift To View from the Quick Settings in the watch.

24. Can I control watch sound and vibration settings?
A: Yes, you can control watch ring sound and even vibration intensity and even turn on/ off silent mode from you Watch Settings>Sounds and Vibration.

25. What all settings can I control from the watch settings?
A: You can swipe through the Watchfaces, control brightness and Screen-On Time, control Sound and Vibration Settings, set DND Mode, You can also check your Battery Level and enter Power Saving Mode, this will reduce your watch Brightness, turn off Lift To View. You can also Reset, Restart or Power Off your watch from the Watch Settings.

26. What do I need to do to get the notifications on the smartwatch?
A: Notification access must be provided for the Fastrack Reflex World application from the phone settings.
On the app click on Settings > Turn On Notifications. This will redirect you to the Notification Access settings in your phone. Please provide the access to the Fastrack Reflex World app.
You can now select the apps from which you want to receive notifications.

27. How do I change my Watchface?
A:

1. Long press on the watch home screen, swipe through the saved watchfaces and select your desired watchface.
2. You can also go to Watch Settings> Watchfaces and swipe through the saved watchfaces and select your desired watchface.
3. Open the Fastrack Reflex World application and in the below panel, you will get watch faces. Select from a wide range of watch faces.

FAQ'S

28. Can I customize my own watch face?
A:Yes, you will be able to customize your own Home Watchface from your Fastrack app. Head over to Watchfaces from the below panel and tap on "Custom". You can choose any image from your gallery or click a picture from your phone camera. Select the text color and the time position and install your favourite image as your Home Watchface.

29. What should be done to sync the smartwatch with the application?
A: On opening the application on your smartphone, the smartwatch data will be automatically synced. If you find that the watch is not synced or the data on the app is not changed, simply swipe from top to bottom on the main Home Dashboard. This action will trigger an automatic sync with your watch.

30. I am unable to receive the OTP for registering myself on the Fastrack Reflex World application. What can be done?
A: Please make sure that you have entered the correct and active mobile number for registration where you will receive the OTP via SMS.
If you still do not receive the OTP, please contact the toll-free number 18002660123 or can write to us at customercare@titan.co.in.

31. I have purchased a new Smartwatch and while I have completed my pairing with the application Fastrack Reflex World, it is asking for a Firmware Update. Is it mandatory to do so?
A: Yes, it's mandatory to update the firmware to experience the best version of the watch.

32. My Fastrack Reflex World crashes every time I open the application. What needs to be done?
A: Kindly uninstall and reinstall the application. If the issue persists, please contact the toll-free number 18002660123 or can write to us at customercare@titan.co.in.

FAQ'S

33. I am not located in India and my contact number comes with a different country code. How do I register myself in the application?
A: Even though you are not in India, the registration process for the application remains the same. Select the checkbox to accept the terms and conditions and enter your mobile number. On the next screen, enter the OTP to complete registration. The list of countries where you will receive the OTP is as follows:
Singapore, Australia, New Zealand, Fiji, Philippines, Nepal, Bhutan, Bangladesh, Qatar, Bahrain, UAE, Kuwait, Oman and Japan.

34. I am unable to connect the watch straps to the watch head. Please help.
A: There is a quick-release pin that needs to be aligned in the hole provided on the watch head lug. You need to align the pin properly between the lug holes and connect the strap to the watch head.

35. My phone is continuously ringing even after I have gone back to some other screen on the watch or pressed the power button on my phone. How do I stop the ringing after I have found my phone?
A: Tapping on “Find Phone” from the watch raises a notification on the phone apart from the ringing in the phone. Just tap on the notification from the Fastrack Reflex World app and the phone would stop ringing.

In case major issues are being faced that are not being resolved by any of the above answers mentioned, especially concerning the hardware of the watch, like the screen blanking out or the watch not charging, request you to please visit the nearest Authorized Service Center.

FCC STATEMENT

FCC ID: 2AK9F-38100

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference.
(2) This device must accept any interference received, including interference that may cause undesired operation.

Caution: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on the user is encouraged to try to correct the interference by one or more of the following measures: - Reorient or relocate the receiving antenna. - Increase the separation between the equipment and receiver. - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

CE STATEMENT

CAUTION RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE. DISPOSE OFF USED BATTERIES ACCORDING TO THE INSTRUCTIONS

If you use a third-party charger, the recommended output voltage/current of the adaptor is 5V DC/1A and the adapter shall be CE approval type.

This device is a low-power radio transmitter and receiver. As recommended by international guidelines, the device meets applicable national SAR limits of 2.0W/kg (10g).10g SAR: meets low-power exclusion level, SAR test is not required.

Bluetooth: BLE, 2402MHz-2480MHz
Max EIRP: -4.02dBm
Operating temperature: -20°C-50°C

NOTE ON THE ACCURACY OF ACTIVITY TRACKER

The smartwatch is a tool that provides information on your training and activity performance and one that encourages an active and healthy lifestyle. The smartwatch relies on sensors that track your movement and other metrics. The data and information provided by it is a close estimation of your activity and metrics tracked but may not be completely accurate, including the steps, distance, Heartrate, Blood saturation and calorie data.

Note - Accurate user data (height, weight, gender and age) information improves the accuracy of the algorithms that process the activity data.

Some activities may cause frequent arm movement resulting in the device recording too many steps, like:
• Driving a vehicle (usually due to rough terrain)
• A restless night of sleep

There are also instances where a lack of arm movement may result in a loss of steps while you are walking, like:
• Pushing a stroller or shopping cart
• Carrying a bag of groceries or child
• Talking on phone and walking.

Disclaimer - This is not a medical device and the data provided by it should not be used for medical purposes to diagnose, treat, cure, or prevent any disease or ailment.

WARRANTY GUIDE

Your smartwatch has been created in one of the most modern wearable manufacturing facilities in the world; and every component has undergone strict quality check and has been carefully inspected. It is covered under warranty for one year from the date of purchase against any manufacturing defects.

Handling and Care

Your smartwatch is a precision instrument and contains delicate components such as a digital module, electronic components & a digital display panel. It is advisable not to subject it to severe impact, rough usage, and exposure to caustic substances, extreme temperatures or strong magnetic fields.
If it gets dirty from contact with sweat, dust and other substances, clean it periodically by using a soft, slightly moist cloth. This will greatly increase the life of the product. Do not use any solvents, commercial cleaners, detergents, adhesives, paints or cosmetics sprays to clean the product.

Water Resistance

Your smartwatch qualifies as Water Resistance IP68, IP68: Complete Dust Resistance, protected from immersion in water up to a depth of 1.5 meter for up to 30 min. This is also protected against mild rain, water splashing and accidental submersion.

Battery Care

Please charge your smartwatch at least once every six months. Ensure that you charge your smartwatch with an appropriate power supply unit such as a smart phone charger or laptop USB port. Don’t try to operate the charging pins with any sharp tools.

Service and Repair

Skilled technicians, in a dust free environment have carefully assembled your smartwatch. Do not allow any unauthorized person to open the smartwatch, as this could cause damage to the smartwatch and invalidate the conditions of the warranty.

WARRANTY GUIDE

Terms and Conditions of Warranty

Your smartwatch is covered under warranty against any manufacturing defects for one year from the date of purchase. This warranty also extends to the electronic components of the smartwatch subject to the exceptions listed below. To obtain service and repair under warranty, please remember to carry a physical or soft copy of the invoice while visiting your nearest Titan Authorised Service Center.

This Warranty does not cover the following:
• Normal wear and tear of the smartwatch. Damage caused by mishandling, including damage to the glass, case and strap
• Damage caused by the smartwatch being opened anywhere other than a Titan Authorised Service Center
• Damage due to water entry in a smartwatch that is not marked "Water Resistant”
• Colour fading or damage due to exposure to chemical solvents, commercial cleaners, detergents, adhesives, cosmetic sprays, etc.
• Any consequential damage or loss arising on account of the aforesaid damage to the electronic components due to improper charging